



Vol 2: October 08

From The PRO:

We are now entering the traditionally quiet time for golfers. The weather begins to



turn cold, competitions are reduced to 12 holes, placing everywhere kicks in and our interest

is turned to WATCHING golf in front of a warm fire. Sounds familiar, I'm sure it does.

However, now is an ideal time to make some changes to your game, get in some practise and begin to turn your thoughts to next season. Getting that handicap down or winning your regular fourball won't happen by accident and I think that with a little bit of attention this side of Christmas, your game will reap the rewards. Our short game classes are proving to be very popular and dates for up coming classes are available at the Pro-Shop.

It's the time of year for the sales and we are currently selling off our stock of DEMO clubs. There is a great selection and I will fill you in on more details later in the Bulletin.

So lets get cracking for 09 and get up to the club or range with the woolly hat on for 20-30 min a couple of times a week. Book those few lessons and make those long awaited corrections. Forget the weather, there'll be good days to look forward to next summer and it's the season to be in top shape.



Pro-Shop Sale

We are clearing out all our current stock of DEMO drivers. This is the current list:

Ping Golf G10 - €180

Cobra M and F speed - €160

Loads of DEMO fairway and rescue woods all reduced.

Demo Cobra FP Irons - €199!

We have reduced many ladies clothing items to **1/2 price** and all current stock is reduced by at least **10%** and up to **25%**

Golf Bags reduced by **20%**



Maybe now is the time to get those Christmas presents sorted out and take advantage of the great value being offered.

Tips from the PRO: STRETCH!

Try to do some simple stretching before you leave the house to play. Make sure you concentrate on the legs and back.

Remember it is getting colder and that means that muscles are more prone to injury. If you would like to find out what stretches are good for golf just stop by the shop and I would be happy to point you in the right direction. Loose muscles means more clubhead speed and that means more distance, give it a try!

CONGRATULATIONS

To Sean Grogan who recently had a hole in one. Yet another hole in one at Naas Golf Club in recent times

Well done Sean!!



I look forward to seeing you soon

Gavin Lunny

P.G.A. Club Professional